Robert Parisien, MD

Dr. Robert L. Parisien, an Orthopedic Sports Medicine Surgeon at Mount Sinai in New York City, specializes in Sports Medicine, Cartilage Repair/Restoration, and Minimally Invasive Arthroscopic Surgery of the Shoulder, Elbow, Hip, and Knee. Dr. Parisien also provides care for the elite athletes of Team USA as a Team Physician for US Ski & Snowboard and USA Fencing.



Dr. Parisien is an Ivy League alumnus, having completed his undergraduate studies at Brown University, where he was the recipient of the Frederick "Fritz" Pollard Award, Ernest T. Savignano Memorial Scholar-Athlete Award, and won an Ivy-League championship as a member of the Brown Bears football team. Dr. Parisien later earned his Medical Doctorate from the Tufts University School of Medicine in Boston, MA.

Dr. Parisien is triple Fellowship trained having completed sub-specialized training in Minimally Invasive Hip Surgery at Harvard Medical School, sub-specialized training in Sports Medicine & Cartilage Restoration at the University of Pennsylvania where he served as a Team Physician for the NCAA Division-I Penn Quakers and sub-specialized training in Sports Medicine & Shoulder Surgery at Boston University where he served as a Team Physician for the NCAA Division-I BU Terriers.

Dr. Parisien has published over 100 scientific manuscripts, reviews, and book chapters, and his research has been presented at over 100 national and regional orthopedic meetings. In recognition of his research, Dr. Parisien has been the recipient of the Kilfoyle Research Award, Arciero-Warner Research Award, American Orthopedic Association Research Award in Sports

Medicine, Eastern Orthopedic Association Research Award, New England Orthopedic Society Research Award, EOEF Anil S. Ranawat M.D. Donor Grant Award, Massachusetts Orthopedic Association Research Award, and recognition as a Clinician Scholar by the Orthopedic Research Society.

Dr. Parisien holds numerous leadership positions as a Trustee of the Board of Athletes Soul, Associate Editor of the Journal of Cartilage & Joint Preservation, Editorial Board Member of both the Journal of Arthroscopy and the Journal of Sport Rehabilitation, a member of the Research Committee for both the American Orthopedic Society for Sports Medicine and the Arthroscopy Association of North America, a member of the Learning Center Committee for the Arthroscopy Association of North America as well as the Media Committee for the Society of Military Orthopedic Surgeons. Dr. Parisien previously served on the Board of Directors of the Massachusetts Orthopedic Association and currently serves as an active member of the American Academy of Orthopedic Surgeons, Orthopedic Research Society, International Cartilage Regeneration and Joint Preservation Society, Arthroscopy Association of North America, International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine, International Society for Hip Arthroscopy, Biologic Association and is a Friend of the Society of Military Orthopedic Surgeons.